



Hi Greg and all,

The 'program' works! Here's the evidence - see the attached/below photo :) I've just returned from my annual lads' golf trip to Portugal. I've been trying to win this thing for 6 years. This year, finally, I'm the Champion!

All of your contributions played a part - thank you.

Greg,

the stand-out intervention that had the most significant effect - on all parts of my game - was your intervention on my right hand grip, and you repeatedly beating me over the head to use a 10 finger grip. I used the trip to convert. The effect was dramatic. In one round I chipped /pitched to one putt distance 5 times (and sunk the putts).

Mark,

your clarity - discrete ideas, clean language and manual handling (!) - massively helped my swing sequence.

Laurence,

the new driver shaft was sensational. boom. boom.

Dave,

your analysis helped me realise I was un-consciously sinking my right hip to achieve axis tilt (incorrectly), and in the process weakening my piriformis action. I'm a very happy man.

See you all soon.

Thank you

Shane Samarawikrema, Club Golfer

"I decided to seek the assistance of the Your Golf DNA team to improve my golf after a number of favourable recommendations.

Amiable, professional and clearly very talented the team provides superb coaching sessions that have reignited my passion for playing at an elite professional level. Their innovative coaching sessions linked with the team synergy enable me to better understand my body's physical strengths and

limitations before engaging in swing changes. Never before have I had such clarity on my golf swing.

After 17 years of golf lessons not once was I told by PGA professionals what was explained and delivered in our first two hour session!

Their philosophy in my mind is to find the physical root cause of a swing fault through physical screening and 3D imaging and develop the swing from there. Why have a lesson with a golf pro who uses his opinion to teach you when you can use facts written in black and white? There is no guesswork with 3D golf and it has revolutionized my golf swing and my understanding of my swing!"

Torie James Blakemore, Australasian Tour Professional, PGA Level 2 Cert

"Your Golf DNA is so different to many coaching systems. They personalises the instruction to meet the individual student's needs. They also are real experts at giving the golfer 'ownership' and understanding of their own golf swing instead of just delivering traditional teaching. Their students are encouraged to help themselves develop with his support throughout. The network professionals include golf professionals, physiotherapists and biomechanics experts, ensuring that the technical instruction is supported by physical development and injury prevention. The technology at their disposal is second to none, especially the Trackman and 3D systems. I can't recommend them highly enough".

Peter Yearsley, Club Golfer

"My first interaction with the Your Golf DNA team came about through a combination of curiosity and despondency. Firstly, I was despondent with the progress of my golf after two years of consistent lessons, and did not feel that I had made significant progress other than to have built an aesthetically pleasing swing that did not deliver consistent results. Secondly, I had seen Greg (one of the team members) coaching other players and was intrigued by the amount of technology he employed to assist with his teaching.

I found Greg extremely approachable and was impressed by his genuine interest in my game. It is fair to say that my first lesson was something of a revelation and in the space of an hour Greg had given me a real answer as to the cause of my bad shots, something which I now understand had been misdiagnosed by several coaches over the years. In providing this answer Greg utilised some very high-tech equipment to understand my true swing flaws,

but the key for me was that the explanation that followed was delivered in an extremely simple and understandable manner.

I feel that my understanding of my golf swing and what I need to do to improve has come on massively since I started working with the Your Golf DNA team, and I am confident that I will see significant improvements in every aspect of my game as I continue to work with them." **Oliver Donaldson, Club Golfer**

"Having a session with one of the Your Golf DNA team was the first time I have experienced a coach I've worked with who didn't immediately jump to change my swing or narrowly focus on my long game technique. Instead he wanted to assess my physical capabilities first with the help of his physio contacts and then use detailed tournament statistics to assess where real improvements could come. All of this speaks of true 'coaching' rather than just another swing teacher intent on booking the next lesson".

The team truly care about all of their students irrespective of ability and the path that they follow for each player is diverse and bespoke. For golfers looking to become better at actually playing the game and shooting lower scores rather than just swinging better, the Your Golf DNA team is the perfect answer."

Duncan Hodgson, Scratch Golfer.

"My view on golf and the way I approach the game has dramatically changed in the last 3 months. Not because I found a new feel or found a new club-I found the facts, the cold hard truths that I couldn't get around and that is all down to the Your Golf DNA team. I turned professional when I was 18 and 9 years later I haven't progressed.....yet. I was treading water looking for quick fixes trying to make a living with never getting to the route of the problems. I never truly understood my game and this is where my relationship with the team began. We talked for a while and they asked me some tough questions of myself. Having a session with this network of professionals isn't like your average lesson with a club professional and "golf guru". I can honestly say, hand on heart, I have never met a coaching team that has studied the game to an academic level like they have. Their hunger for knowledge is remarkable and the way they get their notion across is always clear and to the point. They use several high tec aids to help their teaching, and this is all to your benefit, as you know what you are dealing with are the facts. However, they won't just

improve your driving, iron play, short game and putting, but they will also improve your course management, fitness and nutrition, and stat keeping. I have no doubt the Your Golf DNA team will improve my game and he will help me get me to where I want to be.

If you are serious about the game and serious about being the best golfer you can be, Your Golf DNA is the tool to get you there". **Charlie Simpson, Golf Professional**

"As a 5 handicap golfer finding a new golf coach is never easy however, I have been working with the Your Golf DNA team for a while and have found the combination of simple instruction coupled with the technical backup of Trackman / 3D analysis to be second to none.

Greg and his team provide a blend of effective technical coaching, intelligent practise regimes, ongoing physical assessment and round by round analysis of your game all of which provide clear goals for the golfer to work towards. I look forward to working with Greg and his team over the coming months and celebrating achieving my golfing goals". **Steve Holmes, Club Golfer**

"Finding a good golf coach is not easy these days especially someone as experienced as Greg and the Your Golf DNA team. I have been working with Greg now for a number of years and his approach to the game is second to none. Greg is a very diverse coach in all aspects of the game. He has a vast knowledge base ranging from short game, mental approach to the physical work. Golf just isn't about swinging and hitting a ball. Greg won't leave any stone unturned in order for you to reach your goal. What I can say is that if your willing to show commitment and work at your game, Greg will give a lot back and is always fully committed, both during and after your coaching session. I look forward to many years ahead with Greg. The goals for 2015 have been set and I couldn't think of a better coach to get to the finish line for 2015."

Richard Corscadden, Club Golfer



*“The Your Golf DNA team,
The latest session was so motivational and despite recovering from injury (xxxx) felt she was able to put some aspects into practice. (xxxx) has come away completely motivated. The balance between technical it’s all too easy to get lost in the*

“It is difficult to say how



impressed I am. (X) and I came away knowing we had just experienced something very valuable and very special. Every aspect from the software, the analysis, the mechanics and the practice were information and interpretation was outstanding,

detail but to be able to have a part of the session where it is put in context, in practice is invaluable. The thought that must be going into this programme is impressive, never mind actually delivering it so well!

Thanks again, really amazing.”

Father of one of the u18 Development Squad members
outstanding. All joined up thinking, linked thoroughly professionally, with great insight and care. On top of all this it was explained in language (X) (&I) could understand and then feedback requested to ensure it had sunk in. The initial

follow up report from the team is very helpful as I am sure will be the physio related report too. I believe that this has set her onto a much more constructive journey, with deeper understanding and insight. The value of the session is infinite.

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“I found the day fascinating and I can't believe how much I learnt in 3 hours. The visual aspect of the day was invaluable as I could physically see what was causing my problems; it was incredible to see how the machine matched up with my body's response to the red flag movement! It was also great to see what the team had said shown on the screen. I also couldn't believe how much everything in my body depended on each other and one change could help something in a different area. I am really excited to try and put what I learnt into action and am looking forward to the next session.”

“Your Golf DNA team,

Once again the day was fascinating and I really enjoyed it! I learnt so much and I can't wait to keep practicing the points raised on the two sessions. I am so grateful to be involved with this programme- it has helped me hugely already after only a couple of sessions! I have been thinking about my swing so much recently as a result of these sessions- It is so beneficial to see the swing visually with the equipment and data as it makes it much easier for me to understand what I am trying to achieve! In this session it was so interesting to see how what I thought was the 'same' pitch shot each time wasn't and had greatly varying statistics! The movement of the ribcage is very interesting and it was great to see the numbers change after I tried to return my ribcage to where it came from. I will definitely explore this more.

The putting session with Jason was very interesting as I had never focused or analysed a putt digitally before. I discovered so much and I can't wait to explore putting in this way more! Best wishes,”

(xxxxxx)



SLGA u18 Squad Member