



An assessment with Bodymechanics will probably be very different from a physiotherapy session you have had before. We integrate and assess all systems within the body, allowing us to effectively diagnose and treat you.

Bodymechanics has a strong history of working closely with Golf DNA. When looking at the golf swing, we have integrated our assessment to include biomechanical data and good golfing technique to offer effective assessment and treatment. We work with all levels from new players, to European Tour professionals.

We are always keen for a challenge so if you've seen people before and no one has been able to help, get in touch with us. Whether you want decreased pain after walking those 18 holes, or improved power in your swing, we can help set you on your way to achieving that goal.